

Portrait Painting From Life | Self Study  
*Supply List*

**Oil Paint**

- Titanium White
  - Naples Yellow (optional)
  - Cadmium Yellow
  - Yellow Ochre
  - Cadmium Orange
  - Cadmium Red Light
  - Terra Rosa
  - Transparent Red Oxide
  - Raw Umber
  - Quinacridone Violet
  - Ultramarine Blue
  - Pthalo Green
  - Ivory Black
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- Smooth Weave Linen or Cotton, Oil or Acrylic Primed 12 x 16 (or what suits you)
  - Wooden Palette
  - Palette Knife
  - A Palette Cup
  - Walnut Oil
  - Rags or Paper Towels
  - Brush Basin/Cleaner
  - Odorless Mineral Spirits
  - Mahl Stick
  - A Small Hand Held Mirror

Brushes:

I prefer a selection of filberts in both hog bristle and sable (or soft synthetic) in numbers 1 through 10. A few very small rounds for detail work are also recommended.

Some brands I have used and recommend are:

Sable or soft synthetic:

Trekell Legion Synthetic Mongoose

Trekell Red Sable

Rosemary & Co. Eclipse (synthetic) – I prefer the long filberts

Rosemary & Co. Pure Red Sable

Robert Simmons Sapphire (sable/synthetic blend)

Chungking Hog Bristle:

Trekell Hog Bristle

Robert Simmons Signet Series





